

SALT IN MY SOUL

Film Review

By: **Chloe, Ethan, Evita, Malachi & Marley**, Team 47

Who did it:

Will Battersby, Director

Who's in it:

Mallory Smith, Mark Smith, Micah Smith, Diane Shader Smith and many friends and experts

The Basics:

Salt in my Soul is the powerfully told and extremely moving story of Mallory Smith's difficult battle against cystic fibrosis and serves as a constant reminder of how precious life is. Throughout her life, Mallory recorded all her struggles in a plethora of private journal entries, video recordings, and online diaries that offer a glimpse into how she viewed the world.

Her experiences have now been shared in this remarkable documentary directed by Will Battersby. Although the film was shocking and brutally honest, it gave us a much more accurate look into a cystic fibrosis patient's daily struggles. Her never-ending hope and ability to see past the bad in the world inspired each and every one of us to seize every moment and to treasure the little things. Mallory has truly shown the world how to live every day like it could be your last, and to never take anything for granted, even if it's as small as a breath of fresh air. This movie gets a four out of five stars. It is an engaging reminder of how precious life is, and I challenge anyone to finish *Salt in My Soul* with dry eyes.

The Good News:

Powerfully told and extremely moving, this movie is an engaging reminder of how precious life is. It is a thought-provoking tale about living your life to the fullest even when you could end up in the hospital at any moment.

The Verdict:

4/5 An engaging reminder of how precious life is, I challenge anyone to finish *Salt in My Soul* with dry eyes.

Where to See It:

Apple TV/iTunes, Amazon, Google Play, Microsoft/Xbox, Vudu