

‘Salt in My Soul’ documentary screens at the ShowRoom

Essex County filmmaker Will Battersby unflinchingly shares Mallory Smith’s decades-long fight against cystic fibrosis in the harrowing new documentary “Salt in My Soul.”

Mallory grew up in California and died in 2017 at the age of 25, more than 20 years after being diagnosed when she was 3 years old.

She left behind 2,500 pages of diary entries, hundreds of hours of footage and audio recordings. Her diaries were released as "Salt in My Soul: An Unfinished Life" by Penguin Random House in 2019, and have now been collected by Battersby into a film that is poignant and powerful.

“Salt in My Soul” screens at 7:30 p.m.

Sunday at the ShowRoom Cinema, 707 Cookman Ave., Asbury Park, followed by a discussion between Battersby and Asbury Park Press features reporter Alex Biese.

For tickets, \$15, and more information visit showroomcinemas.com.



Mallory Smith in Will Battersby's "Salt in My Soul."
Courtesy Of Giant Pictures